

## (NOT JUST) FOR KIDS EVENTS!

### Multi-Day Events

- \* **Grinding Wheat Into Flour; Making Flat Breads; Shaking Cream Into Butter; and Corn Husk Dolls:** All Day Every Day in the Farm and Homestead Kids Tent
- \* **Trash to Art - Kim Bernard:** All Day Saturday and Sunday by the Composting and Recycling Tent (Join artist Kim Bernard and her PopUpCycler, for an interactive show and tell. Learn how she upcycles trash into art with her plastic recycling machines and travels around New England with her mobile workshop, making trashy art with community groups, schools, art centers and institutions. Attendees will roll up their sleeves, cut, shred, make and take their own extrusion out of #2 plastic.)
- \* **Bike Parade: Celebration of Wheeled Mobility!** Every Day from 10:00AM-11:00AM and 2:00PM-3:00PM at the Bike Valet (Join us for a short loop of the Fair by bike. Bells welcome!)
- \* **Truman Games Manure Pitch Off:** Friday and Saturday at 10:00AM and 2:00PM at the Harry S. Truman Manure Pitch (Sign up to play this traditional Fair game! See who can throw the manure the furthest and straightest for a chance to win a special prize!)
- \* **Wagon Rides! (Break at Lunch):** Every Day from 10:00AM-3:00PM at Barn 1/Maintenance Barn
- \* **Test Ride Unique Bikes!** Every Day from 10:00AM-4:00PM at the Bike Valet
- \* **Through the Trees - Jenn Casoni:** Every Day from 10:00AM-5:00PM at the Children's Area Woods Entrance
- \* **The Bumbling Woohas - Abbeth Russell and John Supinski:** Every Day from 10:00AM-5:00PM Roving in the Children's Area (Folk music with a revolving door of circus and interactive fun!)
- \* **Sheepdog Demo - John Simmons and David Kennard from Stoneheart Farms:** Every Day at 10:00AM, 12:00PM, and 2:00PM at the Sheepdogs Area

- \* **Music Together: music & movement for all ages - Emilia Pepen from Pepen Studios:** Every Day from 10:00AM-10:50AM on the Sunflower Stage
- \* **Garden Parade:** Every Day at 10:30AM in the Children's Area (Please arrive 15 minutes early to dress. Dress up as a garden vegetable, fruit, flower, or critter and celebrate local food and community! We loan you a costume, you provide the talent! Come reserve your costume between 9:30 am and 10:15 am. At 10:15 am, collect your costume and at 10:30 march around The Common with us.)
- \* **Poetry Workshop With Kids - Lelania "Chicken Hat Lady" Avila:** Every Day from 10:30AM-11:20AM in Russell's Poetry Grove (Enjoy the marvels of Poetry! Join us to explore short poetic forms, read, and write poems. Kids (and Kids at Heart) welcome!)
- \* **Cider Pressing:** Every Day from 10:30AM-11:30AM and 2:30-3:30 in the Farm and Homestead Kids Tent
- \* **Make & Take Sock Poi - Zoe Cat from Zoe Cat Creations:** Every Day from 12:00PM-12:50PM in the Children's Area
- \* **Making Soup:** Every Day from 12:00PM-1:00PM in the Farm and Homestead Kids Tent
- \* **Garden Parade:** Every Day at 2:30PM in the Children's Area (Please arrive 15 minutes early to dress. Dress up as a garden vegetable, fruit, flower, or critter and celebrate local food and community! We loan you a costume, you provide the talent! Come reserve your costume between 1:30 pm and 2:15 pm. At 2:15 pm, collect your costume and at 2:30 march around The Common with us.)
- \* **Yoga for Kids of all Ages - Kaya Shyam and Uma Lescault from Sat Manav Yoga Ashram:** Friday and Saturday from 3:10PM-4:00PM in the Yoga Tent (Join us for a fun Yoga class for the child within us all! Perfect for the whole family. We will be breathing deep, moving a lot and learning about the importance of taking care of our bodies. Come learn about our regular family and home school Yoga events at our center in Industry, ME.)

### Friday Only

- \* **11AM - Binding Tales - Hillary Dow**, Sunflower Stage (Enjoy a book reading, a felting demonstration, and learn from the author and illustrator, Hillary Dow, how she works through each step of the creative process to bring her stories to life!)
- \* **11AM - Compost Parade**, Composting and Recycling Tent
- \* **1PM - The Lady Bugs - Kaity Newell**, Sunflower Stage
- \* **2PM - Round Singing Workshop - Kaity Newell**, Sunflower Stage
- \* **3PM - Plant Explorations! - Mischa Schuler from Wild Carrot Herbs**, Sunflower Stage (Using all of our senses, we'll spend time with some of the friendly plants that you have already seen on your walks and in gardens. We'll also listen very deeply with our hearts to hear what the plants are sharing with us)
- \* **4PM - KindKids Music with Amanda Panda - Amanda Parkhurst**, Sunflower Stage (Original music, puppets, and a highly interactive performance that shares tools for emotional resilience, fosters kindness, and encourages wellness all while having FUN!)

### Saturday Only

- \* **11AM and 3PM - Coyote and the Boy Ben Marionette Show - Coyote Center for Carnivore Ecology and Coexistence**, Sunflower Stage (We were all children once. We all have families with Moms and Dads who care for us. And so this is a marionette show about these wonderful relationships of our life....and in the lives of the wild ones who share our planet with us.)
- \* **1PM - Katherine Rhoda: Folk Music & Vintage Instruments**, Sunflower Stage
- \* **2PM - Maine Suzuki Play-In - Maine Suzuki Association**, Sunflower Stage (The Maine Suzuki Association covers all of the Suzuki String Teachers in the state of Maine. All students play mostly classical strings (violin, viola, and cello).)
- \* **2PM - Children's Apple Pie Contest - MOFGA's Food Judging team**, Country Kitchen (Children's Apple Pies judging)
- \* **4PM - Rural Roots Revival Band - Shawn Mercer**, Sunflower Stage

## Sunday Only

- \* **10AM - Hudson Museum Wabanaki Games for Children - Hudson Museum,**  
Maine Indian Basketmakers Area
- \* **10:10AM - Yoga for Kids of all Ages - Kaya Shyam and Uma Lescault from Sat**  
**Manav Yoga Ashram,** Yoga Tent (Join us for a fun Yoga class for the child within  
us all! Perfect for the whole family. We will be breathing deep, moving a lot and  
learning about the importance of taking care of our bodies. Come learn about our  
regular family and home school Yoga events at our center in Industry, ME.)
- \* **11AM - Oyster Creek Fiddlers - Kaity Newell,** Sunflower Stage
- \* **2PM - The Bumbling Woohas - Abbeth Russell and John Supinski,** Sunflower  
Stage (Folk music with a revolving door of circus and interactive fun!)
- \* **3PM - Newell Family Band - Kaity Newell,** Sunflower Stage