## **Care and Handling of Remedies**

- Store away from strong odors, ie: liniment, drugs, paint, peppermint, cleaning agents.
- Store at least 10 ft away from electronic equipment, ie: computers, TV, radio, microwave, refrigerator.
- Store tightly capped, away from direct sunlight, and in a dry place.
- Try not to touch the pellets. Once away from the vial or its cap, do not return pellets to the vial
- The dose is about at many as will fit in a level 1/8th teaspoon (or 10-15 pellets of #15 size)
- Pellets can be given directly on or under the wet tongue

OR

- Pellets can be dissolved in 1-3 mL of distilled water and squirted onto the tongue (this method works well if the sick animal has a dry tongue)
- Generally, in an acute situation, repeat the remedy every 4 hours, up to 3 repetitions, if needed
- REMEMBER, always stop giving the remedy if there has been a change in symptoms (better or worse)
- If in doubt, WAIT, WAIT! In the meantime, contact your homeopathic veterinarian
- You may want to keep a notebook of observations and remedies given
- If accidentally ingested by a child, consult a homeopathic physician

## **Beyond Arnica**

COMMON HOMEOPATHIC REMEDIES FOR FIRST AID AND ACUTE CONDITIONS

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ACONITE: use first for high fevers; panic; terror; shock; injury to eye; electrical shock; inflammation

APIS: insect stings; hives; allergic reactions; sensitive to touch; swelling with heat in it; anaphylaxis

ARNICA: first remedy for blunt trauma; bruising; before setting of fractures; head injuries, early use may decrease the damage of stroke or heart attack; before and after surgery; guarded appearance; doesn't want to be touched or approached; excessive bleeding from cuts; castration; dehorning; give to mother after difficult delivery; hit by a car; muscle strain; overexertion

ARSENICUM: #1 remedy for food poisoning; restlessness; anxiety; fear; sudden prostration from vomiting and diarrhea; great thirst for small amounts often; most useful for the annual bout of winter dysentery

BELLADONNA: sudden and violent onset, with lots of heat and redness; high fever/peracute mastitis; heat stroke; will not drink; wild-eyed; pupils dilated; over-sensitive; bounding pulse like laminitis; inflammation of the brain; hot head cold limbs

BELL- P: first remedy for injuries to small vessels in deep tissue; blunt trauma to deep mammary tissue; is useful for injuries to flexor tendons that do not respond to arnica/ruta

BRYONIA: musculoskeletal pain where the animal is reluctant to move; acute mastitis when cow lies right on swollen udder to stop movement; inflammation that's worse for movement; calves with pleurisy that won't move around; drinks a lot at a time, but not very often

CANTHARIS: 2nd and 3rd degree burns; promotes comfort and healing after electric disbudding/dehorning

CARBO-VEG: shock and collapse from fluid loss/dehydration of diarrhea; coldness of body and breath; blue discoloration from lack of oxygen; gas, bloating, flatulence; carbon monoxide poisoning

CAULOPHYLLUM: labors that do not progress; has been known to turn a fetus into proper position for delivery; for placenta that is not passed during first few hours postpartum; ringwomb; cervix won't dilate

CHINA: loss of vial fluids; calf scours; excessive diarrhea; can hear stomach/bowel sounds without an ear to the animal; colic at same hour every day

COLOCYNTHIS: frothy bloat from too much green food; bowels are usually loose

HEPAR SULPH: abscesses that are very sensitive and warm to the touch (if you can get that close); pus formation; extreme sensitivity to touch and drafts; mastitis that's hot, painful, and "kick you in the head" painful; warm compresses feel good; navel - ill HYPERICUM: injuries to parts rich in nerves; crushed toes, tails, teats, backbone; spinal injuries; puncture wounds; use if tetanus develops

IPECACUANHA: hemorrhages bright red and profuse after calving; appears to have specific action in the intestine in the presence of protozoa; coccidiosis

LEDUM: puncture wounds of all kinds, including injections and insect bites and stings; injuries with swelling and bluish discoloration; blunt trauma to the eye "arnica for the eye"; swellings that are cool to the touch

MAG-P: pain, cramps, paralysis as often seen in grass tetany; can be given after IV calcium/mag solution to prevent relapse; can be given as preventative to rest of herd in water until diet can be corrected

NUX VOMICA: the overeating remedy; digestive disturbances with weak, toxic liver from spoiled feed, conventional drugs; bloat; all types of colic; constipation; ketosis; umbilical hernia

PHOSPHORUS: for acute non-traumatic bleeding anywhere; nosebleeds; bloody diarrhea accompanied by nervousness; mastitis that my be accompanied by respiratory symptoms; reactions to anesthesia, slow awakening; nervous new mother that does not want her baby

PHYTOLACCA: mastitis with hot, swollen, hard udder; milk is thick, stringy yellowish; better for external massage; intense thirst; high fever alternates with chilliness; worse after exposure to damp, cold weather when it rains

PODOPHYLLUM: profuse watery green diarrhea with abdominal pain PULSATILLA: discharges that are bland and yellow green; use for postpartum discharge of that color; nasal discharges of influenza; clingy; desires company; better for open air; thirstless; mastitis with thick yellow green creamy milk

RUTA GRAVELOUS: injuries to periosteum, ligaments; worse with motion; follows Arnica well; green stick stress fractures

SEPIA: use for retained placentas after 24 hours; no desire to take care of young; bloody milk with bloody urine discharge after freshening; prolapsed uterus; may improve fertility; rain-rot in mares

SILICEA: embedded foreign objects, splinters; abscesses that are not especially painful; hard lumps in udder; softens scar tissue; ulceration of cornea in advanced pinkeye that has pus formation; ill-effects of vaccinations; foot rot

SYMPHYTUM: to aid in the mending of fractures; use after initial pain and swelling as been relieved with Arnica and after bones have been set; pain in amputated limbs URTICA URENS: won't let milk down; sows without milk; udder edema; hives

CALENDULA TINCTURE: use topically on wounds to promote healing and prevent proud flesh; keeps wounds from becoming infected; very dilute solutions can be used as an eye wash for corneal lacerations

HYPERICUM TINCTURE: mix with calendula tincture if using on a wound with a lot of exposed nerve tissue, ie: teat end, face; use to rinse out hole in punctured foot