LOCAL ... lets us know WHERE our food is produced, but not HOW it is produced.

ORGANIC ... is an environmentally- and animal-friendly way to produce and process food.

Organic involves standards for growing, storing and processing that:

- PROMOTE healthy soil, plants and animals
- ASSURE TRANSPARENCY through detailed records and on-site inspections
- PROHIBIT the use of genetically modified organisms, sewage sludge and synthetic chemical inputs (e.g. pesticides & antibiotics)

The MOFGA CERTIFIED ORGANIC LABEL is your guarantee that Organic always means the same thing from farm to farm and store to store.

Local + Organic
Better Together!

Original concept by Atlantic Canadian Organic Regional Network, adapted by MOFGA • MOFGA.org/BuyOrganic