

August	Western ME Farmers' Market	Western ME Natural Food Store, Local	Western ME NFS, Not Local	Western ME Grocery Store
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FRUIT

Apples - Gala, lb				\$ 2.33
Apples - Pink Lady, lb			\$ 4.49	
Apples - Paula Red, quart	\$ 4.00			
Apples - crab, quart	\$ 3.00			
Blackberries - 6 oz				\$ 3.49
Blueberries, high bush - 6 oz				\$ 2.99
Grapes - lb				\$ 3.99
Honeydew Melon - lb	\$ 2.00			
Husk Cherries - pint	\$ 4.00			
Husk Cherries - quart	\$ 7.00			
Peaches - lb				\$ 2.50
Pears - quart	\$ 6.00			
Pears - lb			\$ 3.49	\$ 3.49
Plums			\$ 2.59	
Strawberries - lb				\$ 4.99

VEGETABLES

Beans, green - quart	\$ 4.00			
Beans, green - lb	\$ 5.00			
Beans, dry - 1.5#	\$ 7.00			
Beets - bunch, per bunch	\$ 4.00			
bok Choy - each	\$ 1.50			
Broccoli - lb	\$ 3.00			\$ 2.84
Brussel Sprouts - stem	\$ 5.00			
Cabbage, red - lb				\$ 2.49
Cabbage, green - lb	\$ 1.50			\$ 1.99
Cabbage - mini head	\$ 2.25			
Carrots - 2#				\$ 2.49
Carrots - loose, per lb.	\$ 2.00			
Carrots - bunched, per bunch	\$ 3.00			
Cauliflower - ea				\$ 4.99
Celery - ea	\$ 3.00			
Chard - baby, lb	\$ 6.00			
Corn - per ear	\$ 0.75			
Corn - dozen	\$ 8.00			
Cucumber - slicer, ea				\$ 0.69
Cucumber - slicer, lb	\$ 2.00			
Eggplant - lb	\$ 3.00			
Kale - bunch	\$ 3.00			
Leeks - lb	\$ 2.00			
Lettuce - head	\$ 3.00			
Onions - white, yellow, lb	\$ 3.00			\$ 1.33
Onions - red, lb				\$ 1.66
Peas, snow - pint	\$ 3.00			
Peppers - green, lb	\$ 2.75			
Peppers - red, lb	\$ 3.25			
Peppers - yellow, lb	\$ 3.00			
Peppers - hot, each	\$ 0.50			
Potatoes - 5#				\$ 5.49
Potatoes - new, quart	\$ 4.00			
Radish - watermelon, bunch	\$ 3.00			
Rutabaga - lb	\$ 5.00			
Summer squash - lb	\$ 2.00			\$ 2.49
Sweet Potatoes - lb				\$ 1.66
Tomatoes - lb	\$ 4.00			\$ 2.69
Tomatoes - cherry, pint	\$ 4.00			
Tomatillo - qt	\$ 5.00			
Turnip, salad - bunch	\$ 2.50			
Winter squash - Delicata, lb	\$ 2.00			\$ 1.99
Winter squash - Butternut, Butter cup, other bigs - lb	\$ 1.00			
Zucchini - lb	\$ 2.00			

HERBS



Basil - lb	\$ 8.00			
Cilantro - bunch	\$ 2.00			
Dill - bunch	\$ 2.00			
Garlic - bulb, ea	\$ 1.38			
Parsley - bunch	\$ 2.00			
Sage - bunch	\$ 2.00			
Thyme - bunch	\$ 2.00			

MEAT & EGGS

Chicken eggs - dz		\$ 4.38		\$ 4.99
Chicken eggs - dz, organic	\$ 2.88			
Chicken (all per lb.)				
<i>Ground, O</i>				\$ 6.49
Pork (all per lb.)				
<i>Bone-in Pork Chops, NO</i>	\$ 6.00			
<i>Boneless Roast, NO</i>	\$ 6.00			
<i>Ground, NO</i>	\$ 5.00			
<i>Sausage, NO</i>	\$ 5.00			
<i>Bacon, NO</i>	\$ 6.00			
<i>Back fat, NO</i>	\$ 2.00			
Beef (all per lb.)				
<i>Stew, NO</i>	\$ 6.00			
<i>Ground, NO</i>	\$ 5.25			
<i>Ground, O</i>				\$ 7.99
<i>London Broil, NO</i>	\$ 11.99			
<i>NY Sirloin, NO</i>	\$ 12.99			
<i>Top Sirloin, NO</i>	\$ 10.00			
<i>T-Bone, NO</i>	\$ 15.00			
<i>Ribeye, NO</i>	\$ 10.00			
<i>Filet Mignon, NO</i>	\$ 29.99	\$ 17.99		
<i>Brisket, NO</i>	\$ 8.99			
<i>Short ribs, NO</i>	\$ 6.00			
<i>Liver, NO</i>	\$ 2.00			

DAIRY

Milk - 1/2 gallon		\$ 3.50		\$ 4.42
Milk - gallon	\$ 5.00			

 all natural, grassfed, antibiotic free, etc.
 local, not organic
 O organic
 NO not organic