



# Maine Organic Farmers and Gardeners Association

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## MOFGA Price Reports

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34 Farms Reporting

## October 2008 Organic Price Report

Product	Unit(Retail/Wholesale)	Retail Price Data				Wholesale Price Data			
		Number of Farms	Low	High	Average	Number of Farms	Low	High	Average
<b>FRUITS</b>									
Apple Cider	1/2 gal	1			4.00	1			3.00
Blueberries	lb					1			4.20(frozen)
Grapes	lb	1			3.00				
Walnuts, in shell	pt	1			1.50				
<b>VEGETABLES</b>									
Arugula	lb	3	10.00	16.00	12.33	1			9.00
Beets	lb	5	2.00	2.50	2.20	2	1.96	2.50	2.23
Broccoli	lb	3	2.50	4.00	3.17	2	2.50	2.75	2.63
Brussels Sprouts	stalk/lb	1			3.50	1			4.50
Cabbage, Green	lb	3	1.00	2.00	1.42	2	1.00	1.69	1.35
Cabbage, Red	lb	2	1.00	1.25	1.13	1			1.00
Carrots, Fresh	bu/lb	3	1.75	2.50	2.08	1			1.75
Carrots, Storage	lb	5	2.00	2.50	2.10	2	1.32	1.65	1.49
Cauliflower	lb	2	2.50	3.00	2.75				
Celery	bu/lb	2	1.50	3.00	2.25				
Chard	bu	7	2.00	4.00	2.50	3	1.93	4.00	2.64
Collards	bu	1			2.75				
Endive	lb					1			2.00
Greens, Beet	lb	1			4.00				
Greens, Braising	lb					1			5.00
Greens, Cress	lb					1			9.00
Greens, Mustard	lb					1			4.00
Kale	bu	7	1.75	4.00	2.46	3	1.30	4.00	2.43
Leeks	lb	4	2.00	3.00	2.44	1			2.00
Lettuce Mix	lb	2	8.00	8.00	8.00				
Lettuce, Leaf	Head/Case	4	2.25	2.50	2.31	1			21.00
Lettuce, Romaine	Head/Case	2	2.25	2.25	2.25	2	15.60	21.00	18.30
Mesclun Mix	lb	2	10.00	11.00	10.50	3	8.00	9.00	8.53
Onions, Bunching	lb	2	2.00	2.50	2.25				
Onions, Storage	lb	4	1.75	2.00	1.94	1			1.50
Parsnip	lb	2	1.75	3.00	2.38	1			2.00
Peppers, Green	lb	3	2.25	5.00	3.42	4	2.50	3.50	3.13
Peppers, Red	lb	2	3.25	5.00	4.13	3	3.25	5.00	4.08
Peppers, Hot	each/lb	3	0.25	0.30	0.27	1			6.00
Potatoes, Fingerling	lb	2	3.00	3.00	3.00	1			2.00
Potatoes, New	lb	2	2.00	2.50	2.25				
Potatoes, Red	lb	2	2.00	2.00	2.00	1			1.50
Potatoes, White	lb	2	2.00	2.00	2.00	1			1.50
Potatoes, Yukon Gold	lb	2	2.00	2.00	2.00	1			1.50
Pumpkins, Pie	lb	3	1.00	1.50	1.17				
Radishes	bu	1			2.50				
Rutabaga	lb	1			1.00				

Product	Unit(Retail/ Wholesale)	Retail Price Data				Wholesale Price Data			
		Number of Farms	Low	High	Average	Number of Farms	Low	High	Average
Shallots	lb	1			5.00	1			4.00
Spinach	lb	3	8.00	8.00	8.00				
<b>Squash, Winter</b>									
Acorn	lb	3	1.00	1.00	1.00	1			1.25
Blue Hubbard	lb	1			1.00				
Buttercup	lb	4	1.00	1.50	1.13	2	1.00	1.10	1.05
Butternut	lb	5	1.00	1.50	1.20	3	1.00	1.10	1.03
Delicata/S. Dump./Carnival	lb	5	1.00	2.00	1.40	3	1.20	1.25	1.23
Red Kuri	lb	1			1.00	1			1.00
Spaghetti	lb					1			1.00
Sunshine	lb	1			1.00	1			1.00
Squash, Summer	lb					1			0.50
Tomatoes	lb	5	3.00	4.00	3.20	2	3.00	3.00	3.00
Tomatoes, Cherry	pint	2	3.00	3.50	3.25				
Turnip, Salad	bu	2	2.00	3.00	2.50				
Turnip, Storage	lb	1			1.50	1			1.68

## HERBS

bunch = 4oz

Basil	bu/lb	2	2.00	2.50	2.25	1			9.00
Cilantro	bu/lb	3	1.75	2.00	1.92	1			5.20
Dill	bu/lb	2	1.75	2.00	1.88				
Edible Flowers	bu/lb	1			3.25				
Garlic, Bulbs	lb	3	6.00	10.00	8.00	1			8.00
Mint	bu/lb	2	1.50	3.50	2.50				
Parsley	bu/lb	3	1.75	2.00	1.92	1			5.20

## MISCELLANEOUS

Hay	40# bale	2	4.00	4.75	4.38				
Hay, Mulch	40# bale	1			2.50				
Hay, in field	40# bale	1			4.25				
Haylage	800# wrapped bale	1			45.00				

## DAIRY

Cow									
Butter	lb	1			7.00	1			7.00
Cheese	lb	1			12.00				
Cream	pint	2	2.75	2.90	2.83	2	2.75	2.90	2.83
Milk	gal	5	4.50	7.00	5.40	1			4.50
Milk	1/2 gal	4	2.00	3.50	2.78	2	2.75	2.85	2.80
Yogurt	qt	2	4.00	5.00	4.50	2	3.75	4.00	3.88
Ice Cream	pt	1			4.00				
Goat									
Soft Cheese	lb	1			20.36	1			14.00
Hard Cheese	lb	1			20.00				
Yogurt	pt	1			6.50	1			4.64

"Whole" and "Half" prices are based on hanging weight (head, hide and guts removed) and DO NOT include butcher fees (cutting & wrapping)

## MEAT & EGGS

Eggs, chicken	doz	9	3.50	5.00	4.06	2	3.85	3.85	3.85
Eggs, duck	doz	1			3.00				
Beef									
Whole	lb	5	2.25	4.00	3.30				
Half	lb	4	2.90	4.50	3.84				
Ground	lb	9	4.00	7.00	5.32	4	4.00	4.79	4.39
Stew	lb	7	4.00	7.00	5.68	2	5.75	5.99	5.87
Roasts	lb	7	4.00	9.00	6.36	2	5.75	6.10	5.93
Ribs	lb	3	4.00	8.00	5.76	2	4.25	7.75	6.00
Organ Meats	lb	4	3.00	4.00	3.31	2	2.75	2.79	2.77

		Retail Price Data				Wholesale Price Data			
Product	Unit(Retail/ Wholesale)	Number of Farms	Low	High	Average	Number of Farms	Low	High	Average
<b>Beef Steaks</b>									
Sirloin	lb	7	7.50	16.00	11.50	1			14.39
T-bone/Porterhouse	lb	5	10.00	17.00	13.90	1			15.00
Ribeye	lb	7	10.00	19.99	14.43	1			17.99
Tenderloin	lb	6	10.00	18.00	15.17	1			14.49
London Broil	lb	4	4.00	7.90	6.23	1			7.17
Top Round	lb	4	4.00	7.49	5.87	1			6.94
Chuck	lb	5	4.00	6.49	5.55	1			6.19
<b>Veal</b>									
Whole	lb	2	6.00	6.50	6.25				
Half	lb	2	6.00	6.50	6.25				
Ground	lb	2	5.00	12.00	8.50				
Roast	lb	1			13.00				
Chops	lb	2	9.00	18.00	13.50				
Cutlets	lb	2	12.00	22.00	17.00				
Tenderloin	lb	2	18.00	24.00	21.00				
Ribs	lb	1			18.00				
Sausage	lb	1			9.00				
<b>Lamb</b>									
Whole	lb	3	3.50	5.00	4.17				
Half	lb	1			5.00				
Ground	lb	3	6.00	7.00	6.37	1			5.10
Stew	lb	3	5.00	8.00	6.37	1			5.10
Chops	lb	3	12.00	14.00	13.27	1			11.50
Leg (bone-in)	lb	3	6.00	7.45	6.82	1			6.20
Shoulder (boneless)	lb	3	6.45	8.00	7.15	1			5.40
Rack/Ribs	lb	3	4.35	14.00	7.78	1			3.65
Shank	lb	3	4.55	7.00	5.52	1			3.80
Organ Meats	lb	2	2.80	4.00	3.40	1			2.25
<b>Goat</b>									
Whole	lb	1			6.00				
Ground	lb	1			10.00				
Stew	lb	1			6.50				
Chops	lb	1			14.00				
Leg/Roast	lb	1			8.00				
Rack/Ribs	lb	1			12.00				
<b>Pork</b>									
Whole	lb	5	2.70	4.50	3.49				
Half	lb	5	2.70	4.50	3.59				
Ground	lb	6	6.00	10.00	7.33	2	5.75	7.00	6.38
Chops	lb	7	8.00	14.50	10.64	2	8.75	10.00	9.38
Loin Roast	lb	6	8.00	11.50	9.67	1			7.75
Spare Ribs	lb	6	5.00	9.50	7.83	1			5.00
Country Ribs	lb	6	7.00	10.50	8.67	1			7.75
Bacon	lb	7	6.50	12.00	10.21	2	9.75	10.00	9.88
Sausage	lb	7	6.00	10.00	7.93	2	6.75	8.00	7.38
Fresh Ham	lb	3	6.00	8.00	7.17				
Smoked Ham	lb	7	7.00	11.50	8.82	2	7.00	8.00	7.50
Ham Steak	lb	6	6.50	11.50	9.04	1			8.00
Tenderloin	lb	6	12.00	18.00	14.58	1			12.00
Organ Meats	lb	4	3.00	3.50	3.13				

		Retail Price Data				Wholesale Price Data			
Product	Unit(Retail/ Wholesale)	Number of Farms	Low	High	Average	Number of Farms	Low	High	Average
<b>Chicken</b>									
Whole	lb	8	3.75	4.00	3.94	1			3.75
Half	lb	1			4.25	1			4.00
Breast, Boneless	lb	1			9.00	1			8.75
Leg Quarter	lb	1			4.25				
Drumstick	lb	1			4.00				
Thigh	lb	1			4.25				
Wing	lb	1			4.00				
<b>Turkey</b>									
Whole	lb	6	3.20	4.25	3.78				